

WHAT'S ON AT WHALLEY ABBEY 2020

QUIET DAYS £20

QUIET DAYS CONSIST OF
A SOUP AND SANDWICH LUNCH
10AM - 4PM UNLESS OTHERWISE STATED

Thursday 23rd January

'The Woman at the Well'

Led by Donna Worthington
An invitation to journey
to the well,
to Christ the Living Water

Thursday 23rd July

'Come to Him'

Led by Ruth Hassall
As summer sets in, spend
a day exploring what it
means to 'come to him'
and learn the unforced
rhythms of grace.

Thursday 20th February

'A Touching Place'

Led by
Canon Dr Patricia Impey
A day exploring the journey
of prayer

Thursday 20th August

'Water into Wine'

Led by
Donna Worthington
Based on John 2:1-11:
The symbol of empty
water jars and new wine -
emptying ourselves to offer
a space for life lived in
all its fullness.

Thursday 12th March

'Wine in the Cellar'

Led by
Canon Dr Patricia Impey
A day with
Meister Eckhart

Thursday 24th September

'From a Garden to a City'

Led by Archdeacon
Mark Ireland
An opportunity to explore
God's purpose in the
creation of the world, from
Genesis to Revelation.
Why did God make the
world, how does he want
us to care for it, and what is
the future hope for creation
when Christ returns?

Thursday 23rd April

'Called'

led by Revd Nick McKee
A quiet day to explore and
reflect what God might
be calling you to

Thursday 28th May

**'What does being Christian
look like today?'**

Led by
Canon Peter Howell-Jones
In 1 Chronicles 12:32,
the writer talks about
the men of Issachar who
understood the times and
knew what Israel should
do. As we ponder living as
Christians in our modern
world, the quiet day will
dip into a little social history,
cultural barriers
and theological ideas to
help us think again about
what it means to be a
Christian in Britain today.

Thursday 15th October

**'Authentic Christian
Ministry from
2 Corinthians'**

Led by Rt Revd
Bishop Julian Henderson
As the Apostle Paul refutes
the claims of new leaders
who have come to Corinth,
so we learn what Authentic
Christian Ministry is meant
to look like.

*Thursday 19th November
(N.B. 9.30am - 3.30pm)*

'Cross-Shaped Calling'

Led by Rt Revd Dr Jill Duff
Why not take time out to
look to our future, draw on
our past, plumb the depths of
His magma chamber, and set
our sights high. Some thoughts
and questions based on
Ephesians 1 with plenty
of space and silence to tune
in to Him

Thursday 18th June

'Lift Up Your Hearts!'

Led by
Revd Dr Tom Woodford
An intellectually stimulating
and spiritually enriching
exploration of eucharistic
theology, history and liturgy;
culminating in a celebration of
Holy Communion in the ruins
of the Abbey

Thursday 17th December

**'Hearts Ready to Greet the
Lord'**

Led by Rt Revd Philip
North
A quiet day as we prepare
ourselves for Christmas

RESIDENTIAL RETREATS

£130 FULL BOARD



*Mon 27th - Wed 29th
January*

**'Ageing with Grace:
Spiritual Growth and
the Second Half of
Life'**

Led by Katherine Froggatt
and Hugh Kidd
During this retreat we
will look at ageing as an
opportunity to re-orientate
and deepen our inner
journey by exploring 'What
is God's invitation as I get
older?' and 'How might
spiritual practices support
my ageing?'. There will be
input, space for reflection
and prayer and an
opportunity to share with
others.



*Mon 17th - Wed 19th
February*

**'A Long Obedience in
the Same Direction'**

Led by Ruth Hassall
As a society, we have become
obsessed with our quest
for the quick fix. But the
time-tested prescription
for discipleship remains
the same—a long obedience
in the same direction. On
this retreat come and be
encouraged as 21st Century
pilgrims as we learn to grow
in worship, service, joy,
work, happiness, humility,
community and blessing.
(Based on the work of
Eugene Peterson).

*Mon 23rd - Wed 25th
March*

**'A Stay at Home
Pilgrimage to the
Holy Land'**

Led by
Archdeacon Mark Ireland
Have you ever longed to go
to the Holy Land and see
the sights that Jesus saw and
walk in his footsteps, but
couldn't afford the cost or the
time? Drawing on his recent
pilgrimage to Israel, Jordan
and Palestine, Archdeacon
Mark invites you to share a
virtual pilgrimage in words,
pictures and music, all in the
beautiful surroundings of
Whalley Abbey



*Mon 11th - Wed 13th
May*

**'An Introduction to
Ignatian Spirituality'**

Led by Donna Worthington
We will explore the life
of the remarkable Saint
Ignatius, enter into Ignatian
discernment through
film, experience Ignatian
imaginative prayer and the
Examen. We will also practice
a contemplative way of seeing
the natural world through
the poetry of the Jesuit poet,
Gerard Manley Hopkins.

*Mon 8th -
Wed 10th
June*

'Journey in God'

Led by
Rt Revd Cyril Ashton
Frances de Sales says, 'After
the journey to God there is
a journey in God.' A retreat
to explore what it means
to grow up into Christ, to
continue the journey
we have begun.



*Mon 6th -
Wed 8th
July*

'Invitation to Retreat'

Led by Ruth Hassall
If you've never been on a
retreat before, this retreat
is designed for you!
You'll be guided through
what a framework for
retreat can look like,
whilst having the
opportunity to put it
into practice.



*Mon 14th -
Wed 16th
September*

**'The Practice of the
Presence of God'**

Led by Donna
Worthington
The delightful and
humble Brother
Lawrence gave us
wonderful wisdom
on prayer as part of our
daily lives – we will
explore his accessible
and profound spirituality.



*Mon 5th -
Wed 7th
October*

**'Life after Death:
Living well after
bereavement'**

Led by Mandy Stanton
Losing a spouse or a partner
is hugely traumatic. Books
and support may help with
the immediate issues and
feelings – but what happens
later on? On this retreat we
will explore together how to
choose to live fully without
the person we expected to
grow old with.
NB The emphasis of this
retreat is on moving forward
after bereavement, so if your
bereavement is recent (less
than a year) this retreat may
not be helpful to you.



*Mon 9th -
Wed 11th
November*

**'Through the Looking
Glass'**

Led by Canon Dr Patricia
Impey
Kingdom reflections using
pictures and icons.

*Mon 7th -
Wed 9th
December*

'Waiting, waiting ...'

Led by Revd Nick McKee
and Ruth Hassall
A retreat exploring Advent
as a season of waiting.

